Release & Waiver
PLEASE READ & SIGN

In consideration of the acceptance of my entry, I, for myself, my heirs, executors and administrators, do hereby release and forever discharge the Cambridge Tour de Grand Inc., and its officials, marshals, sponsors and any other parties connected with the Cambridge Tour de Grand event, from all claims for damages, death, personal injury or loss of property, I may have as a result of my participation in the Cambridge Tour de Grand recreational bicycle ride being held on Sunday, June 14, 2020. I am also aware that the ride may contain some risks, including the risk of falling, collision with other bicycles, motor vehicles or stationary objects, the effects of weather conditions, and the conditions of the road. I voluntarily assume all risks of loss, damage or injury that may be sustained while participating in the Cambridge Tour de Grand.

I hereby consent to and permit emergency treatment in the event of injury or illness. I attest that I am physically capable and sufficiently trained to ride in the Cambridge Tour de Grand. I attest that the equipment I will use is in good mechanical condition. I understand that bicycle helmets can prevent serious injury and I agree to wear one while participating in this event and that at no time will I wear anything such as a baseball cap or headphones that may inhibit the correct use of a properly worn helmet. I agree to obey all Ontario Highway Traffic Act laws.

I grant my permission to use photographs or recordings of my participation in this event. I hereby consent to receipt of electronic reminders and updates from Cambridge Tour de Grand and opt-in to its subscriber list. No motorized or powered bicycles permitted. No baseball caps, headphones or earbuds.

I have read and understand everything written above and I voluntarily sign this agreement. Please read and sign this form. Registration will not be accepted without a valid signature.

Signature of Rider **Date**

MINORS: Individuals under the age of 18 must obtain signature of Parent or Guardian. By signing this release, I as a parent or guardian of the minor participant above, hereby give permission for my child or ward to participate in the Cambridge Tour de Grand and I further agree individually and on behalf of this minor to the terms of the above release.

Signature of Parent or Guardian (if under 18) **Date**

Personal information contained on this form is collected pursuant to Municipal Freedom of Information and Protection of Privacy Act and will be used solely for the administration of this event. Questions about the collection of personal information should be directed to the City of Cambridge's Freedom of Information and Privacy Co-ordinator at 519-740-4680 ext. 4079.

If making a minimum pledge amount, please complete this section.

Name on Card

Month **Year** **Date of Expiry** **Card Security Code**

Authorization: I authorize the Cambridge Tour de Grand to charge to my credit card, the balance of the minimum pledge amount.

Signature of Cardholder **Date**

Help Us Help Others

The Cambridge Tour de Grand would like to give back to our community by supporting some worthwhile valuable charitable organizations. We would like our riders and their supporters to help us through their donations. All donations over $20 will receive a charitable tax receipt.

Our Charitable Organizations

Cambridge Memorial Hospital Foundation

The Hospital is being totally transformed with a new wing and a complete renovation of the existing patient care wing. The Hospital itself is required to equip the new hospital and a portion of your donation will go to help raise the remaining $2.9 million required.

KidsAbility

KidsAbility is the recognized leader in Waterloo Region and Guelph-Wellington for empowering children and youth with a wide range of complex special needs to realize their full potential. Almost 8,000 children and youth, from birth to school exit, benefited from therapy and support services at its sites in Cambridge, Fergus, Guelph, Kitchener and Waterloo last year.

SOAR Uganda

Soar Uganda is a registered Canadian charitable organization providing support to orphan children in Uganda, Africa. Its programs will help them rebuild their lives through education, development and wellness initiatives. SOAR Uganda is able, for as little as $40 per month, to place an orphaned child into a good boarding school. In addition, SOAR is assisting the schools, with which it partners, to build extra classrooms and dormitories, latrines and showers and buy beds, provide clean water and assist in hiring teachers.

Helmets for Kids

The Cambridge Tour de Grand purchases children and youth bicycle helmets through its Helmets for Kids program. Bicycle helmets are provided to children and young adults at no cost through partnerships with the Cambridge Neighbourhood Associations. They in turn with assistance from the Waterloo Regional Police organize bicycle rodeos and safety events annually including the distribution and sizing of bicycle helmets.

Kiwanis Club of Cambridge

The Kiwanis Club of Cambridge supports, in accordance with its motto, Serving the Children of the World, numerous children and youth organizations including the Cambridge Kiwanis Boys Choir, Air Cadet Squadron 296, 4H Calf Club, and its High School Bursary program. Kiwanis International of which the Kiwanis Club of Cambridge is a part, has in partnership with UNICEF raised funds for the elimination of maternal and neonatal tetanus throughout the world.

Registration Options

1. Fundraise to Ride: When you agree to fundraise a minimum amount per rider, we will waive the registration fee for each registered rider. Choose this option and you will not be charged a registration fee. On the day after the event, if you have not met your minimum fundraising goal, your credit card, details of which will be completed on the Release & Waiver form, will be charged for the balance of the fundraising commitment.

2. Minimum Fundraising Commitments:

a. Individuals who donate or pledge at the time of registration, a minimum of $125 will have the $35 registration fee waived.

b. Families (up to 4 persons and no more than 2 adults) who donate or pledge at the time of registration, a minimum of $250 will have the $70 registration fee waived.

3. Free-wheeler: As a free-wheeler, you pay your registration fee either as an individual ($35) or as a family ($70), at the time of registration. You can then decide whether or not you wish to fundraise. If you choose to fundraise, you set your own goal and you have no obligation to meet your goal. You may still qualify for top fundraiser prizes. Note however, that we will not refund your registration fee should you meet the Fundraise to Ride minimum requirements. The only way to waive your registration fee is to make an up-front commitment to fundraise by choosing the Fundraise-to-Ride option at the time of registration.

4. Pledge Sheet: To assist you in your fundraising goals, you can access on our website, a pledge sheet to record the donations of your supporters.

5. Fundraising Prizes:

a. All those who donate or pledge the minimum amount (individuals $125; families $250) will be entered in our lucky draw for a variety of prizes including bike gear and equipment and bicycle store gift certificates.

b. The top two fundraisers will each receive a brand new bicycle donated by Grand River Cycle and The Hub Bicycle Shop. The winner can either take the bicycle offered at the Tour de Grand event or exchange the bicycle for one of similar value from the donating bike store.

6. Submitting Donations: Please submit your pledge form and all cash and cheques to the Cambridge Tour de Grand at 14 Aberdeen Road South, Cambridge, Ontario N1S 2X4 prior to the event (please call 519-240-5325 before delivery to confirm the office is open) OR you can submit them on the day of the event at the pledge station that will be located beside the day of the event registration desk.

Twenty Third Annual Bicycle Ride

Cambridge

Tour de Grand 2020

Sunday June 14 2020

Photo by Scott Sneddon

Duncan McIntosh Centre, Churchill Park
200 Christopher Drive
Cambridge, Ontario

www.cambridgetourdegrand.com

Sunday, June 14, 2020

Time:	8:00 AM	160 km
	8:30 AM	100 km
	8:45 AM	**50 & 70 km Gravel & Trail Rides**
	9:00 AM	60 and 72 km
	9:30 AM	40 and 50 km
	10:00 AM	25 km
	10:30 AM	10 and 15 km

Please note: Registration on the day of the event (Sunday, June 14) takes place from 7:30 AM.

Where: Duncan McIntosh Arena, Churchill Park
200 Christopher Drive, Cambridge N1R 4S4

What: Bicycle ride for all levels - 10 km, 15 km, 25 km, 40 km, 50 km, 60 km, 72 km, 100 km or 160 km routes plus 50 & 70 km gravel & trail rides.

Free food and drinks, including lunch.

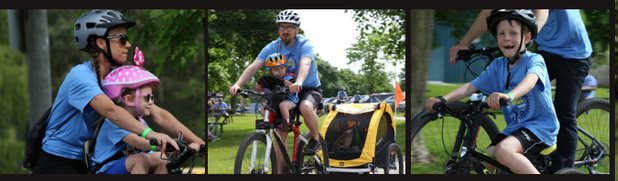
Cost: Early Registration to Monday June 8, 2020
Individual $35.00 *Family $70.00
*Family - 4 members, maximum 2 adults
+ $10.00 for each additional child 16 and under
Day of Event Registration
Individual $40.00 *Family $75.00. All fees include HST (No. 766840698 RT0001)

T-Shirts: Event T-shirts to the first 2000 riders only.

Information: Call 519-240-5325 (Don Pavey)
or email: info@cambridgetourdegrand.com
registration@cambridgetourdegrand.com

BICYCLE HELMETS ARE MANDATORY FOR ALL RIDERS

Photos by Scott Sneddon



www.cambridgetourdegrand.com

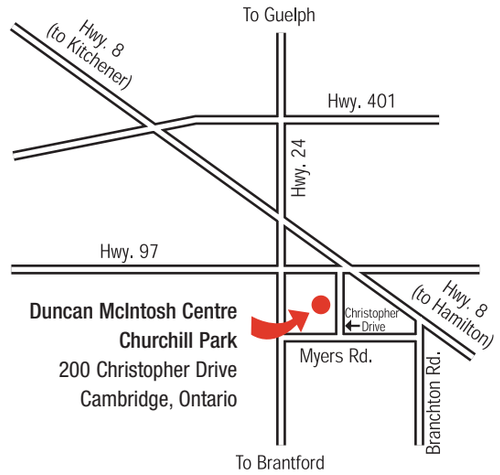
FAQ

Visit our website **www.cambridgetourdegrand.com** for answers to your frequently asked questions.

Volunteers Needed

Each year, we need more volunteers to help make the Cambridge Tour de Grand a success. If you, a family member or a friend would like to volunteer on ride day, call Don Pavey at 519-240-5325 or email: **volunteer@cambridgetourdegrand.com**.
Visit our website for job descriptions.

Map to the Tour de Grand



Online Registration

Go to the Tour de Grand website **www.cambridgetourdegrand.com** and click on the online registration icon on the home page.
A transaction fee will be applied to all online credit card payments.

Future Dates

The Cambridge Tour de Grand is held on the second Sunday in June. Next year, the 24th annual, is on Sunday June 13, 2021.

Special Thanks to Our Sponsors

GRC Grand River Cycle
www.GrandRiverCycle.com

The HUB Bicycle Shop
519-249-1473
www.hubbicycleshop.com

IGNITION COMMUNICATIONS

CANADA CAMBRIDGE
It's all right here

SOBEYS
CAMBRIDGE TIMES
RIDGEHILL FORD
RAWINFOSEC
CYCLECHIC
GRAHAM MATHEW
TOYOTA MOTOR MANUFACTURING

Advance Printing
Domino's Pizza
St. Andrews Dental
Pavey Law
King Street Cycles - Waterloo
Peak Performance Health Centre
Blackshop Restaurant
Monigram Coffee Roasters
Ziggy's Cycle
Canadian Cycling Supplies
Velofix WR Guelph
Preston Chiropractic Clinic
Grand River Sports Medicine Centre
Croft Design
Cambridge Materials Testing
McPhail's Cycle - Waterloo
Cambridge YMCA
ABC Rentals
Speed River Bicycle
at Work Office Interiors
The Storage Place
Waterloo Region Record Community
Partnership Program

www.cambridgetourdegrand.com

Registration Form

Form for one rider - Please print

Event (circle one) **10km 15km 25km 40km 50km 60km 72km 100km 160km or 50km gravel 70km gravel**

First Name ..... Surname .....

Email Address .....

Phone (+ area code) .....

Street .....

City .....

Province ..... Postal Code .....

T-shirt (circle one) **Adult: Small Medium Large X-Large XX-Large**
Youth: Small Medium Large X-Large

Emergency Contact Name .....

Emergency Phone (+ area code) .....

Donation Amount Paid or Pledged $ ..... See fundraising pages for details.

Registration Amount $ ..... If minimum donation amount paid or pledged, no registration fee is payable.

Total Amount Enclosed $ .....

Registration Fees

Early Registration until Monday June 8, 2020
Individual $35.00 *Family $70.00****

Day of Event Registration: Individual $40.00 *Family $75.00****
No registration will be accepted after Monday June 8, 2020 until 12 noon Saturday June 13, 2020 at the Duncan McIntosh Arena or on the day of the event.

*Family - 4 members, maximum 2 adults + $10.00 for each additional child 16 and under. **All fees include HST (No. 766840698 RT0001)

Mail Form, Release and Fee Payable to: Cambridge Tour de Grand
c/o Don Pavey 14 Aberdeen Road South Cambridge, Ontario N1S 2X4

Do Not Send Cash by Mail

Please sign release form on reverse.