


REST STOP

CAUTION

**CHURCHILL PARK
DUNCAN McINTOSH
ARENA**

**2016 CAMBRIDGE
TOUR de GRAND
25 Km**

 Washroom and Food Locations

2016 CAMBRIDGE TOUR DE GRAND – 25 KM

START TIME: 10:00 A.M.

LEGEND	TURNS	DIRECTION
● = washrooms & refreshments * = use caution M = Marshalls P = Police	Left – L Right – R Straight – STR	North – N East – E South – S West - W

Marshalls-M Police-P Washrooms-W	Turn	Dir	Description	Km	Total Km
M P	STR	W	Cycle by arena, through parking lot along path in Churchill Park to Hwy. #24	0.8	0.8
	R	N	On Water St to Ainslie St	0.8	1.6
	R	N	On Ainslie St To Concession St	0.5	2.1
	L	W	On Concession St To Grand Ave	0.3	2.4
	R	N	On Grand Ave to Blair Rd	0.7	3.1
	L	W	On Blair Rd to George St *Stay on George St. Paved Shoulder	0.1	3.2
	R	N	On George St to Grand Trunk Parking Lot, Continue through parking lot to Trail	2.6	5.8
	STR	N	On Trail to paved bike lane to Fallbrook Lane	3.4	9.2
M P ●	L	W	On Fallbrook Lane REST STOP (CLOSES 1 PM)	0.7	9.9
	R	W	On Langdon Dr to Whistlebare (unpaved)	1.5	11.4
	L	W	On Whistlebare Rd to Roseville Rd	1.8	13.2
	L	E	On Roseville Rd (Becomes Blenheim Rd) to Blair Road	4.0	17.2
			**CAUTION RAILWAY TRACKS		
			**STEEP HILL CAUTION		
	STR	E	Straight on Blair Road – at intersection with George Street to Grand Avenue		
	R	S	On Grand Ave. thru stoplights at Cedar St.	0.8	18.0
	R	W	On Crombie St.	0.1	18.1
	L	S	On Middleton St.	0.1	18.2
	R	W	On First Ave.	0.6	18.8
M	L	S	Glen Morris Street (Becomes West River Road)	3.3	22.1
	L	E	On Foot Bridge Rd. (WATCH TRAFFIC)	0.3	22.4
	L	N	On Rail Trail to Hwy. #24	2.8	25.2
M P	R	E	* USE CAUTION CROSSING HWY. #24 Cross over Hwy. #24 into Churchill Park, following path through park back to Duncan McIntosh Arena	0.8	26.0
			WELL DONE!!!!!!!		

EVENT HEADQUARTERS - (519) 240-5325