



REST STOP

CAUTION

**CHURCHILL PARK/
DUNCAN McINTOSH
ARENA**

**2019 CAMBRIDGE
TOUR de GRAND
25 Km**

● Washroom and Food Locations

2019 Cambridge Tour de Grand 25 km

Start Time 10:00 AM

Legend	Turns	Direction
● Washrooms and Refreshments	Left-L	North - N
* Use caution	Right - R	East - E
M - Marshals	Straight - STR	South - S
P - Police		West - W

Marshals - M	Turn	Dir	Description	KM	Total KM
Police - P					
Washrooms - W					
M P	STR	W	Cycle by arena, through parking lot along path in Churchill Park to Hwy #24	0.8	0.8
	R	N	On Water St to Ainslie St	0.8	1.6
	R	N	On Ainslie St to Concession St	0.5	2.1
	L	W	On Concession St to Grand Ave	0.3	2.4
	R	N	On Grand Ave to Blair Rd	0.7	3.1
	L	W	On Blair Rd to George St	0.1	3.2
		*	Stay on George St. Paved Shoulder		
	R	N	On George St to Grand Trunk Parking Lot, Continue through parking lot to Trail	2.6	5.8
	STR	N	On Trail to paved bike lane to Fallbrook lane	3.4	9.2
M P ●	L	W	On Fallbrook Lane Rest Stop Closes 1 pm	0.7	9.9
	R	W	On Langdon Dr to Whistlebare (unpaved)	1.5	11.4
	L	W	On Whistlebare Rd to Roseville Rd	1.8	13.2
	L	E	On Roseville Rd (Becomes Blenheim Rd) to Blair Rd	4.0	17.2
		*	Caution Railway Tracks		
		*	Steep Hill Caution		
	STR	E	Straight on Blair Road - at intersection with George Street to Grand Avenue		
	R	S	On Grand Ave. thru stoplights at Cedar St	0.8	18.0
	R	W	On Crombie St	0.1	18.1
	L	S	On Middleton St	0.1	18.2
	R	W	On First Ave	0.6	18.8
M	L	S	Glen Morris Street (Becomes West River Rd)	3.3	22.1
	L	E	On Foot Bridge Rd (WATCH TRAFFIC)	0.3	22.4
	L	N	On Rail Trail to Hwy #24	2.8	25.2
		*	Use Caution Crossing Hwy #24. Cross over Hwy #24 into Churchill Park, following path through park back to Duncan McIntosh Arena		
M P	R	E		0.8	26.0

YOU'RE FINISHED - WELL DONE!!!!

Event Headquarters - (519) - 240-5325